

**Tender Heart High School, Sector 33-B, Chd.**

**Notice to Class VI to Class X for observation of**

**11th International Day of Yoga, 2025**

Dated : 17.06.2025

Dear Parents,

As per orders of D.E.O., UT Chandigarh '11<sup>th</sup> International Day of Yoga 2025' is to be organised by all schools both Private and Government on Saturday, 21.06.2025.

Students of Class VI to Class X are therefore required to come to school at 6:20 a.m. on 21.06.2025 and their departure time will be 7:50 a.m.. Students should come to school wearing sports dress having convenience to perform yoga.

Yoga Asanas will be performed by them from 6:30 a.m. to 7:45 a.m., for which the necessary staff members have been designated duties. Parents will make their own arrangement to drop and pick up their wards.

Principal