

CLASS TIME TABLE

CLASS II

SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	8	Ms.Bhatti
Monday	Eng. Lang.	Hindi	Maths	E.V.S.	B	Singing	Art	Eng. Litt.	Maths	Hindi	6	Ms.Suman (Jr.)
										Maths.	8	Ms.Bhatti
Tuesday	Maths	Games	Hindi	Hindi	R	G.K.	Eng. Lang.	Spoken English	E.V.S.	E.V.S.	6	Ms.Bhatti
										G.K.	1	Ms.Bhatti
Wednesday	Eng. Litt.	Spoken English	E.V.S.	Games	E	Maths	Eng. Lang.	Hindi	Maths	Art	3	Ms.Kalsi
										Singing	2	Ms.Isha
Thursday	Maths	Maths	Games.	Eng. Litt.	A	Hindi	E.V.S.	E.V.S.	Spoken English	Games	3	Ms.Jupinder
										Spoken English	3	Ms.Grewal
Friday	Maths	Eng. Litt.	Hindi	E.V.S.	K	Art	Singing	Eng. Lang.	Art			

Ms. Bhatti
Class Teacher

Principal

CLASS TIME TABLE

CLASS II
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	8	Ms.Harjit
Monday	Maths	E.V.S.	Eng. Lang.	Games	B	E.V.S.	Hindi	Eng. Litt.	Spoken English	Hindi	6	Ms.Suman (Jr.)
										Maths.	8	Ms.Harjit
Tuesday	Eng. Lang.	Hindi	E.V.S.	Spoken English	R	Maths	Singing	Eng. Litt.	Art	E.V.S.	6	Ms.Harjit
										G.K.	1	Ms.Harjit
Wednesday	Eng. Lang.	Eng. Litt.	Art	Hindi	E	Hindi	E.V.S.	Maths	Hindi	Art	3	Ms.Kalsi
										Singing	2	Ms.Isha
Thursday	Hindi	E.V.S.	Maths	Art	A	Singing	Games	G.K.	Eng. Lang.	Games	3	Ms.Jupinder, Mr.Thapa
										Spoken English	3	Ms.Grewal
Friday	Maths	Maths	Games.	E.V.S.	K	Spoken English	Eng. Litt.	Maths	Hindi			

Ms.Harjit
Class Teacher

Principal

CLASS TIME TABLE

CLASS I
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	10	Ms.Harminder
Monday	Eng.	Eng.	Maths	Eng.	B	E.V.S.	Spoken English	Art	Hindi	Hindi	6	Ms.Suman (Jr.)
										Maths.	6	Ms.Harminder
Tuesday	Maths	Maths	Eng.	Eng.	R	Art	Games	Hindi	Eng.	E.V.S.	4	Ms.Harminder
										Singing	3	Ms.Isha
Wednesday	Hindi	Hindi	Eng.	E.V.S.	E	Singing	Maths	Eng. Cursive	Spoken English	Art	2	Ms.Harminder
										Craft	1	Ms.Harminder
Thursday	Eng.	Maths	E.V.S.	Games	A	Spoken English	Eng. Cursive	Singing	Hindi	English Cursive	2	Ms.Harminder
										Spoken English	3	Ms.Grewal
Friday	Maths	Eng.	Eng.	Games	K	Hindi	E.V.S.	Craft	Singing	Games	3	Mr.Thapa, Mr.Narinder

Ms.Harminder
Class Teacher

Principal

CLASS TIME TABLE

CLASS I
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	10	Ms.Navjyot
Monday	Eng.	Eng.	Hindi	Maths	B	Eng. Cursive	Games	E.V.S.	Eng.	Hindi	6	Ms.Suman (Jr.)
										Maths.	6	Ms.Navjyot
Tuesday	Maths	Maths	Eng.	Eng.	R	E.V.S.	Hindi	Singing	Eng.	E.V.S.	4	Ms.Navjyot
										Singing	3	Ms.Isha
Wednesday	Eng.	Eng.	Hindi	Games	E	Spoken English	Singing	Art	Maths	Art	2	Ms.Navjyot
										Craft	1	Ms.Navjyot
Thursday	Maths	E.V.S.	Games	Eng.	A	Eng. Cursive	Hindi	Craft	Singing	English Cursive	2	Ms.Navjyot
										Spoken English	3	Ms.Grewal
Friday	E.V.S.	Hindi	Maths	Spoken English	K	Eng.	Hindi	Art	Spoken English	Games	3	Mr.Thapa, Mr.Narinder

Ms. Navjyot
Class Teacher

Principal

CLASS TIME TABLE

CLASS U.KG
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	10	Ms.Inderpreet
Monday	----	Maths	Maths	Games	B	Eng.	Singing	General Awareness	Eng.	Hindi		(Second Term)
										Maths.	10	Ms.Inderpreet
Tuesday	----	Eng.	Eng. Reading	Maths	R	Spoken English	Maths	Art	Maths	General Awareness	3	Ms.Abnish Kaur
										Spoken English	2	Ms.Grewal
Wednesday	----	Eng.	Eng. Reading	Games	E	Maths	Craft	General Awareness	Craft	Singing	2	Ms.Isha
										Art	3	Ms.Inderpreet
Thursday	----	Eng.	Maths	Maths	A	Eng.	Spoken English	Art	Art	Craft	3	Ms.Inderpreet
										Games	2	Ms.Kusum
Friday	----	Eng.	Maths	Eng. Reading	K	Singing	Craft	General Awareness	Maths			

Ms.Inderpreet
Class Teacher

Principal

CLASS TIME TABLE

CLASS U.KG

SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	10	Ms.Shivani
Monday	----	Maths	Eng.	Eng. Reading	B	Spoken English	Art	General Awareness	Maths	Hindi		(Second Term)
										Maths.	10	Ms.Shivani
Tuesday	----	Eng.	Maths	Singing	R	Maths	Eng. Reading	Craft	Maths	General Awareness	3	Ms.Anshita
										Spoken English	2	Ms.Grewal
Wednesday	----	Maths	Maths	Spoken English	E	Eng.	Eng. Reading	General Awareness	Eng.	Singing	2	Ms.Isha
										Art	3	Ms.Shivani
Thursday	----	Maths	Eng.	Singing	A	Eng.	Games	Art	Art	Craft	3	Ms.Shivani
										Games	2	Ms.Kusum
Friday	----	Maths	Maths	Games	K	Eng.	Craft	General Awareness	Craft			

Ms.Shivani
Class Teacher

Principal

CLASS TIME TABLE

CLASS _____ L.KG

SECTION _____ A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Abnish Kaur
Monday	----	Eng.	Eng.	Singing	B	Outdoor Activity			----	Maths.	3	Ms.Abnish Kaur
										Singing	3	Ms.Isha
Tuesday	----	Eng.	Spoken English	General Awareness	R	Singing				General Awareness	2	Ms.Abnish Kaur
										Spoken English	2	Ms.Grewal
Wednesday	----	Maths.	General Awareness	Maths.	E	Colouring				Colouring	2	Ms.Abnish Kaur
										Outdoor Activity	2	Ms.Abnish Kaur
Thursday	----	Eng.	Maths.	Spoken English	A	Outdoor Activity						
Friday	----	Eng.	Singing	Eng.	K	Colouring						

Ms.Abnish Kaur
Class Teacher

Principal

CLASS TIME TABLE

CLASS _____ L.KG

SECTION _____ B _____

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Anshita
Monday	----	Eng.	Maths.	Spoken English	B	Colouring			----	Maths.	3	Ms.Anshita
										Singing	3	Ms.Isha
Tuesday	----	Eng.	Eng.	General Awareness	R	Outdoor Activity				General Awareness	2	Ms.Anshita
										Spoken English	2	Ms.Grewal
Wednesday	----	Eng.	Maths.	Singing	E	Colouring				Colouring	2	Ms.Anshita
										Outdoor Activity	2	Ms.Anshita
Thursday	----	Maths.	Singing	Eng.	A	Outdoor Activity						
Friday	----	Eng.	Spoken English	Singing	K	General Awareness						

Ms.Anshita
Class Teacher

Principal

CLASS TIME TABLE

CLASS _____Nursery

SECTION _____A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Introduction of Shape	3	Ms.Pooja Dhawan
Monday	----	Singing	Introduction of Shape	Spoken English	B	Recognition of Alphabets	-	-	-	Spoken English	3	Ms.Pooja Dhawan
										Art & Craft	3	Ms.Pooja Dhawan
Tuesday	----	Recognition of Alphabets	Singing	Art & Craft	R	Spoken English	-	-	-	General Awareness	3	Ms.Pooja Dhawan
										Singing	3	Ms.Isha
Wednesday	----	General Awareness	Singing	Introduction of Shape	E	Art & Craft	-	-	-	Recognition of Alphabets	4	Ms.Pooja Dhawan
Thursday	----	General Awareness	Recognition of Alphabets	Spoken English	A	Recognition of Alphabets	-	-	-			
Friday	----	Introduction of Shape	Art & Craft	General Awareness	K	Recognition of Alphabets	-	-	-			

Ms.Pooja Dhawan
Class Teacher

Principal

CLASS TIME TABLE

CLASS _____Nursery

SECTION _____B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Introduction of Shape	4	Ms.Rupali
Monday	----	Introduction of Shape	Singing	Spoken English	B	Art & Craft	-	-	-	Spoken English	4	Ms.Rupali
										Art & Craft	3	Ms.Rupali
Tuesday	----	Recognition of Alphabets	Introduction of Shape	Recognition of Alphabets	R	General Awareness	-	-	-	General Awareness	3	Ms.Rupali
										Singing	3	Ms.Isha
Wednesday	----	General Awareness	Spoken English	Art & Craft	E	Recognition of Alphabets	-	-	-	Recognition of Alphabets	4	Ms.Rupali
Thursday	----	Singing	General Awareness	Introduction of Shape	A	Spoken English	-	-	-			
Friday	----	Singing	Introduction of Shape	Spoken English	K	Art & Craft	-	-	-			

Ms.Rupali
Class Teacher

Principal

CLASS TIME TABLE

CLASS X
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Chem.	Geog.	Library	Phy./ C.Std.	B	Maths	Hindi/ Punj.	Eng.	Games	English	5	Ms. Kashama
										Hindi	4	Ms.Kalpana / Ms.Ramandeep
Tuesday	U.T.	U.T.	Bio.	Games	R	Chem/ Eco.	Eng.	Maths	Group III	Maths.	5	Ms. Deepti
										Hist./Geog.	3+3	Ms.Rameet/ Ms. Mini
Wednesday	Hist & Civics	Eng.	Chem/ C.Std.	Geog.	E	Maths	Games	Hindi/ Punj.	S.U.P.W	Phy/Chem/Bio.	3+3+3	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
										Economics	2	Mr.Lokesh
Thursday	Phy.	Maths	Hist & Civics	Group III	A	Hindi/ Punj.	Bio./ Eco.	Singing	Eng.	Comm. Std.	2	Mr.Lokesh
										Group III	3	Ms.Kusum /Mr.Lokesh
Friday	Hindi/ Punj.	Maths	Bio.	Hist & Civics	K	Group III	Eng.	Phy.	Geog.	Games	3	Mr.Shiv
										Singing	1	Ms. Dharmani / Mr.Laxman
										S.U.P.W	1	Ms.Kusum /Mr.Shiv
										Library	1	Ms.Pooja

Ms. Kashama
Class Teacher

Principal

CLASS TIME TABLE

CLASS X
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Library	Eng.	Hist & Civics	Bio./ C.Std.	B	Geog.	Hindi/ Punj.	Games	Maths	English	5	Ms. Kashama
										Hindi	4	Ms.Kalpana / Ms.Ramandeep
Tuesday	U.T.	U.T.	Chem.	Group III	R	Bio./ Eco.	Maths	Geog.	Eng.	Maths.	5	Ms. Deepti
										Hist./Geog.	3+3	Ms.Rameet/ Ms. Mini
Wednesday	Phy.	Hist & Civics	Bio./ C.Std.	Maths	E	Eng.	Group III	Hindi/ Punj.	Geog.	Phy/Chem/Bio.	3+3+3	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
										Economics	2	Mr.Lokesh
Thursday	Chem.	Eng.	Maths	Games	A	Hindi/ Punj.	Phy./ Eco.	Group III	Singing	Comm. Std.	2	Mr.Lokesh
										Group III	3	Ms.Kusum /Mr.Lokesh
Friday	Hindi/ Punj.	Hist & Civics	Phy.	Eng.	K	Games	Maths	Chem.	S.U.P.W	Games	2	Mr.Shiv / Mr. Thapa
										Singing	1	Ms. Dharmani / Mr.Laxman
										S.U.P.W	1	Ms.Kusum /Mr.Shiv
										Library	1	Ms.Pooja

Ms. Nidhi
Class Teacher

Principal

CLASS TIME TABLE

CLASS IX
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Bio./ Eco.	Hindi/ Punj.	Maths	Eng.	B	Hist & Civics	Group III	Phy.	Geog.	English	5	Ms. Kashama
										Hindi / Punjabi	4	Ms.Kalpana / Ms.Ramandeep
Tuesday	U.T.	U.T.	Eng.	Maths	R	Hindi/ Punj.	Games	Bio./ Eco.	Art	Maths.	5	Ms. Deepti
										Hist./Geog.	3+3	Ms.Mili / Ms. Mini
Wednesday	Hist & Civics	S.U.P.W	Geog.	Eng.	E	Chem/ C.Std.	Maths	Group III	Hindi/ Punj.	Phy/Chem/Bio.	3+3+3	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
										Economics	2	Mr.Lokesh
Thursday	Maths	Bio.	Games	Phy.	A	Eng.	Geog.	Library	Chem.	Comm. Std.	2	Mr.Lokesh
										Group III	3	Ms.Kusum /Mr.Lokesh
Friday	Eng.	Phy./ C.Std.	Group III	Hindi/ Punj.	K	Maths	Chem.	Singing	Hist & Civics	Games	2	Mr.Shiv
										Singing	1	Ms. Dharmani / Mr.Laxman
										S.U.P.W	1	Ms.Kusum /Mr.Shiv
										Art	1	Ms.Harnoor
										Library	1	Ms.Pooja

Ms. Deepti
Class Teacher

Principal

CLASS TIME TABLE

CLASS IX
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Phy./ Eco.	Hindi/ Punj.	Games	Geog.	B	Eng.	Hist & Civics	Maths	Art	English	5	Ms. Kashama
										Hindi	4	Ms.Kalpana / Ms.Ramandeep
Tuesday	U.T.	U.T.	Maths	Eng.	R	Hindi/ Punj.	Group III	Phy./ Eco.	Hist & Civics	Maths.	5	Ms. Deepti
										Hist./Geog.	3+3	Ms.Mili / Ms. Mini
Wednesday	Chem	Geog.	Maths	Hist & Civics	E	Bio./ C.Std.	Eng.	Games	Hindi/ Punj.	Phy/Chem/Bio.	3+3+3	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
										Economics	2	Mr.Lokesh
Thursday	Eng.	Phy.	Group III	Chem.	A	Geog.	Maths	Bio.	S.U.P.W	Comm. Std.	2	Mr.Lokesh
										Group III	3	Ms.Kusum /Mr.Lokesh
Friday	Maths	Chem/ C.Std.	Singing	Hindi/ Punj.	K	Library	Bio.	Group III	Eng.	Games	2	Mr.Shiv
										Singing	1	Ms. Dharmani / Mr.Laxman
										S.U.P.W	1	Ms.Kusum /Mr.Shiv
										Art	1	Ms.Harnoor
										Library	1	Ms.Pooja

Ms. Ramandeep
Class Teacher

Principal

CLASS TIME TABLE

CLASS VIII
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Maths	Eng.	Hist. & Civics	Games	B	Hindi	Comp.	Chem.	G.K.	English	5	Ms. Jaswinder
										Hindi	5	Ms.Suman (Sr.)
Tuesday	U.T.	U.T.	Maths	Hindi	R	Phy.	Singing	Eng.	Geog.	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Reena
Wednesday	Hindi	Hist. & Civics	Phy.	Eng.	E	Maths	Punj.	Art	Zero Period	Hist./Geog.	3+3	Ms.Mili/ Ms.Mini
										Phy/Chem/Bio.	2+2+2	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
Thursday	Maths	Punj.	Geog.	Bio.	A	Eng.	Library	Hindi	Hist. & Civics	Computer	2	Ms.Prabhdeep
										Games	2	Mr.Thapa
Friday	Bio.	Maths	Eng.	Chem.	K	Geog.	Hindi	Games	Comp.	Art	1	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Ritu Tyagi
										Zero Period	1	Ms.Jashandeep

Ms. Mini
Class Teacher

Principal

CLASS TIME TABLE

CLASS VIII
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Punj.	Hist. & Civics	Hindi	Comp.	B	Eng.	Library	Maths	Phy.	English	5	Ms. Jaswinder
										Hindi	5	Ms.Suman (Sr.)
Tuesday	U.T.	U.T.	Phy.	Eng.	R	Maths	Art	Hindi	G.K.	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Reena
Wednesday	Bio.	Eng.	Maths	Games	E	Hindi	Geog.	Chem.	Hist. & Civics	Hist./Geog.	3+3	Ms.Mili/ Ms.Mini
										Phy/Chem/Bio.	2+2+2	Ms.Jashandeep/Ms.Mohinisha/Ms.Nidhi
Thursday	Eng.	Comp.	Hindi	Hist. & Civics	A	Chem.	Maths	Games	Geog.	Computer	2	Ms.Prabhdeep
										Games	2	Mr.Thapa
Friday	Maths	Hindi	Geog.	Bio.	K	Punj.	Singing	Eng.	Zero Period	Art	1	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Ritu Tyagi
										Zero Period	1	Ms.Jashandeep

Ms. Jashandeep
Class Teacher

Principal

CLASS TIME TABLE

CLASS VII
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Hindi	Phy.	Eng.	Chem.	B	Maths	Singing	Geog.	Punj.	English	5	Ms. Jaswinder
										Hindi	5	Ms.Suman (Sr.)
Tuesday	U.T.	U.T.	Eng.	Bio.	R	Geog.	Hindi	Library	Maths	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Reena
Wednesday	Maths	Hindi	Art	Phy.	E	Games	Comp.	Hist. & Civics	Eng.	Hist./Geog.	3+3	Ms.Mili/ Ms.Mini
										Phy/Chem/Bio.	2+2+2	Ms.Jashandeep/Ms.Mohinisha/Ms.Nimrita
Thursday	Geog.	Eng.	Comp.	Hindi	A	Bio.	Hist. & Civics	Maths	Games	Computer	2	Ms.Prabhdeep
										Games	3	Ms.Jupinder / Mr.Narinder
Friday	Chem.	Hist. & Civics	Punj.	Games	K	Eng.	Maths	Hindi	G.K.	Art	1	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Harjit

Ms. Reena
Class Teacher

Principal

CLASS TIME TABLE

CLASS VII
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Geog.	Comp.	Maths	Hindi	B	Games	Chem.	Eng.	Hist. & Civics	English	5	Ms. Jaswinder
										Hindi	5	Ms.Suman (Sr.)
Tuesday	U.T.	U.T.	Geog.	Maths	R	Library	Eng.	Hist. & Civics	Hindi	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Reena
Wednesday	Eng.	Chem.	Punj.	Maths	E	Comp.	Hindi	Singing	G.K.	Hist./Geog.	3+3	Ms.Mili/ Ms.Mini
										Phy/Chem/Bio.	2+2+2	Ms.Jashandeep/Ms.Mohinisha/Ms.Nimrita
Thursday	Hindi	Hist. & Civics	Maths	Eng.	A	Phy.	Games	Punj.	Bio.	Computer	2	Ms.Prabhdeep
										Games	3	Ms.Jupinder / Mr.Narinder
Friday	Phy.	Eng.	Art	Hindi	K	Maths	Bio.	Geog.	Games	Art	1	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Harjit

Ms. Jaswinder
Class Teacher

Principal

CLASS TIME TABLE

CLASS VI
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Hindi	Maths	Phy.	Punj.	B	Art	Eng.	Bio.	Zero Period	English	5	Ms. Sunita
										Hindi	5	Ms.Roma
Tuesday	U.T.	U.T.	Eng.	Maths	R	Hindi	Hist. & Civics	Games	Chem.	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Usha
Wednesday	Maths	Library	Hindi	Phy.	E	Geog.	Singing	Eng.	Comp	Hist./Geog.	2+2	Ms.Mili
										Phy/Chem/Bio.	2+2+2	Ms.Nimrita
Thursday	Bio.	Hindi	Maths	Comp.	A	Games	Eng.	Geog.	G.K.	Computer	2	Ms.Rupinder
										Games	3	Mr.Shiv / Mr.Narinder
Friday	Eng.	Chem.	Hindi	Hist. & Civics	K	Maths	Games	Punj.	Art	Art	2	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Harminder
										Zero Period	1	Ms.Roma

Ms. Roma
Class Teacher

Principal

CLASS TIME TABLE

CLASS VI
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	Unit Test	2	
Monday	Geog.	Eng.	Comp	Maths	B	Phy.	Hindi	Singing	G.K.	English	5	Ms. Sunita
										Hindi	5	Ms.Roma
Tuesday	U.T.	U.T.	Geog.	Hindi	R	Chem.	Eng.	Maths	Games	Punjabi	2	Ms.Ramandeep
										Maths.	5	Ms. Usha
Wednesday	Phy.	Eng.	Maths	Punj.	E	Games	Bio.	Hindi	Zero Period	Hist./Geog.	2+2	Ms.Mili
										Phy/Chem/Bio.	2+2+2	Ms.Nimrita
Thursday	Punj.	Chem.	Hist. & Civics	Games	A	Hindi	Maths	Art	Eng.	Computer	2	Ms.Rupinder
										Games	3	Mr.Shiv / Mr.Narinder
Friday	Bio.	Comp.	Eng.	Library	K	Hindi	Hist. & Civics	Art	Maths	Art	2	Ms.Harnoor
										Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Harminder
										Zero Period	1	Ms.Reena

Ms. Mili
Class Teacher

Principal

CLASS TIME TABLE

CLASS V
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms. Sunita
Monday	Eng.	G.Sci.	Games	Eng.	B	Maths	Hist.	Hindi	Comp.	Hindi	6	Ms.Roma
										Punjabi	2	Ms.Gurpreet
Tuesday	G.Sci.	Art	Hist.	Comp.	R	Eng.	Maths	Singing	Hindi	Maths.	6	Ms. Usha
										Hist./Geog.	2+2	Ms.Gurpreet
Wednesday	Hindi	Geog.	Library	Maths	E	Punj.	Games	G.Sci.	Eng.	G.Sci.	5	Ms.Nimrita
										Computer	3	Ms.Rupinder
Thursday	Eng.	Maths	G.Sci.	Hindi	A	Art	Hindi	Maths	G.K.	Games	3	Mr.Narinder
										Art	2	Ms.Kalsi
Friday	Maths	Hindi	Comp.	Punj.	K	Geog.	Eng.	Games	G.Sci.	Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Navjyot

Ms. Rupinder
Class Teacher

Principal

CLASS TIME TABLE

CLASS V
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms. Sunita
Monday	G.Sci.	Hindi	Hist.	Hindi	B	Comp	Maths	Games	Eng.	Hindi	6	Ms.Roma
										Punjabi	2	Ms.Gurpreet
Tuesday	Eng.	G.Sci.	Library	Punj.	R	Games	Hist.	Hindi	Maths	Maths.	6	Ms. Usha
										Hist./Geog.	2+2	Ms.Gurpreet
Wednesday	Geog.	Games	G.Sci.	Eng.	E	Maths	Hindi	Maths	Art	G.Sci.	5	Ms.Nimrita
										Computer	3	Ms.Rupinder
Thursday	Maths	Eng.	Singing	Eng.	A	Geog.	G.Sci.	Hindi	Comp	Games	3	Mr.Narinder
										Art	2	Ms.Kalsi
Friday	Hindi	Maths	G.Sci.	Comp.	K	Eng.	Art	Punj.	G.K.	Singing	1	Ms. Dharmani / Mr.Laxman
										Library	1	Ms.Pooja
										G.K.	1	Ms.Navjyot

Ms. Nimrita
Class Teacher

Principal

CLASS TIME TABLE

CLASS IV
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Pamelpreet
Monday	Eng.	G.Sci.	Art	Maths	B	Punj.	S.Std.	Hindi	Singing	Hindi	5	Ms.Suman (Sr.)
										Punjabi	2	Ms.Gurpreet
Tuesday	Library	S.Std.	Hindi	Games	R	Comp	Eng.	G.Sci.	Maths	Maths.	6	Ms. Gouri
										S.Std.	4	Ms.Mini
Wednesday	Comp.	Singing	Hindi	Eng.	E	Eng.	G.Sci.	Maths	Games	G.Sci.	5	Ms.Ritu
										Computer	2	Ms.Rupinder
Thursday	Eng.	Maths	Punj.	G.Sci.	A	G.K.	Hindi	S.Std.	Art	Games	3	Mr.Thapa / Mr.Narinder
										Singing	2	Ms. Dharmani / Mr.Laxman
Friday	Hindi	G.Sci.	Maths	S.Std.	K	Eng.	Games	Maths	G.K.	Art	2	Ms.Kalsi
										Library	1	Ms.Pooja
										G.K.	2	Ms.Ritu Tyagi

Ms. Gurpreet
Class Teacher

Principal

CLASS TIME TABLE

CLASS IV
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Pamelpreet
Monday	Maths	G.Sci.	Singing	Eng.	B	Hindi	Games	Maths	Art	Hindi	5	Ms.Roma
										Punjabi	2	Ms.Gurpreet
Tuesday	Maths	Eng.	Hindi	G.Sci.	R	Art	S.Std.	Punj.	Comp	Maths.	6	Ms. Usha
										S.Std.	4	Ms.Mini
Wednesday	S.Std.	Games	Comp	G.Sci.	E	Hindi	Maths	Eng.	G.K.	G.Sci.	5	Ms.Mohinisha
										Computer	2	Ms.Rupinder
Thursday	Punj.	S.Std.	Hindi	Library	A	Games	G.Sci.	Eng.	Maths	Games	3	Mr.Thapa / Mr.Narinder
										Singing	2	Ms. Dharmani / Mr.Laxman
Friday	Eng.	S.Std.	G.K.	Eng.	K	G.Sci.	Hindi	Maths	Singing	Art	2	Ms.Kalsi
										Library	1	Ms.Pooja
										G.K.	2	Ms.Ritu Tyagi

Ms. Usha
Class Teacher

Principal

CLASS TIME TABLE

CLASS III
SECTION A

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Pamelpreet
Monday	S.Std.	Eng.	Maths	Hindi	B	G.Sci.	Art	Hindi	Games	Hindi	6	Ms.Kalpana
										Maths.	6	Ms. Ritu
Tuesday	Hindi	Comp	G.Sci.	Eng.	R	Singing	Maths	Art	Eng.	S.Std.	4	Ms.Gurpreet
										G.Sci.	4	Ms.Ritu
Wednesday	G.Sci.	Eng.	Maths	Singing	E	Hindi	S.Std.	Comp.	Hand-writing	Computer	3	Ms.Rupinder
										Games	3	Ms.Jupinder / Mr.Narinder
Thursday	Maths	Library	Hindi	Games	A	Eng.	G.Sci.	G.K.	S.Std.	Singing	2	Ms. Dharmani / Mr.Laxman
										Art	3	Ms.Kalsi
Friday	S.Std.	Art	Eng.	Maths	K	Games	Hindi	Comp.	Maths	Library	1	Ms.Pooja
										G.K.	1	Ms.Ritu Tyagi
										Handwriting	1	Ms.Prabhdeep

Ms. Ritu
Class Teacher

Principal

CLASS TIME TABLE

CLASS III
SECTION B

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Pamelpreet
Monday	Maths	Singing	Hindi	Games	B	Eng.	G.Sci.	Eng.	S.Std.	Hindi	6	Ms.Kalpana
										Maths.	6	Ms. Ritu
Tuesday	S.Std.	Maths	Eng.	G.Sci.	R	Games	Hindi	Comp	Singing	S.Std.	4	Ms.Gurpreet
										G.Sci.	4	Ms.Ritu
Wednesday	Art	G.Sci.	S.Std.	Hindi	E	Art	G.K.	Maths	Eng.	Computer	3	Ms.Rupinder
										Games	3	Mr.Shiv / Mr.Narinder
Thursday	Comp	Maths	Eng.	Art	A	G.Sci.	Games	Hindi	Maths	Singing	2	Ms. Dharmani / Mr.Laxman
										Art	3	Ms.Kalsi
Friday	Library	S.Std.	Hindi	Hand-writing	K	Maths	Comp.	Eng.	Hindi	Library	1	Ms.Pooja
										G.K.	1	Ms.Ritu Tyagi
										Handwriting	1	Ms.Prabhdeep

Ms. Pamelpreet
Class Teacher

Principal

CLASS TIME TABLE

CLASS III
SECTION C

Tender Heart High School 2022-2023

PERIODS										Subject	Periods	Teacher's Name
Days	1	2	3	4		5	6	7	8	English	6	Ms.Sunita
Monday	Maths	Comp	Eng.	S.Std.	B	Singing	Maths	G.Sci.	Hindi	Hindi	6	Ms.Kalpana
										Maths.	6	Ms. Deepti
Tuesday	G.Sci.	Maths	Art	Hindi	R	Games	Comp.	Hindi	Eng.	S.Std.	4	Ms.Gurpreet
										G.Sci.	4	Ms.Ritu
Wednesday	Eng.	Maths	Hindi	G.Sci.	E	Library	Eng.	G.K.	S.Std.	Computer	3	Ms.Rupinder
										Games	3	Ms.Jupinder / Mr.Narinder
Thursday	Singing	Hindi	Art	S.Std.	A	Eng.	Comp.	Games	Maths	Singing	2	Ms. Dharmani / Mr.Laxman
										Art	3	Ms.Kalsi
Friday	G.Sci.	Eng.	Maths	Art	K	Hindi	Games	Hand-writing	S.Std.	Library	1	Ms.Pooja
										G.K.	1	Ms.Ritu Tyagi
										Handwriting	1	Ms.Prabhdeep

Ms. Kalpana
Class Teacher

Principal