

Physical Education

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Class IX

TENDER HEART HIGH SCHOOL,
CHANDIGARH, SEC-33B

1. I want to inform you all that, will do the Revision of chapters (1 to 5) and solves the all question by yourself, those are given in your Textbook (Back Exercises).
 2. Revise and Read Basketball and their terminology in detail.
 3. FOR PRACTICAL : Wear loose cloths only, tight sand shorts are not allowed for both girls and boys. Prefer to wear track suit.
- ALL THE BEST FOR YOUR
PRACTICAL 😊