

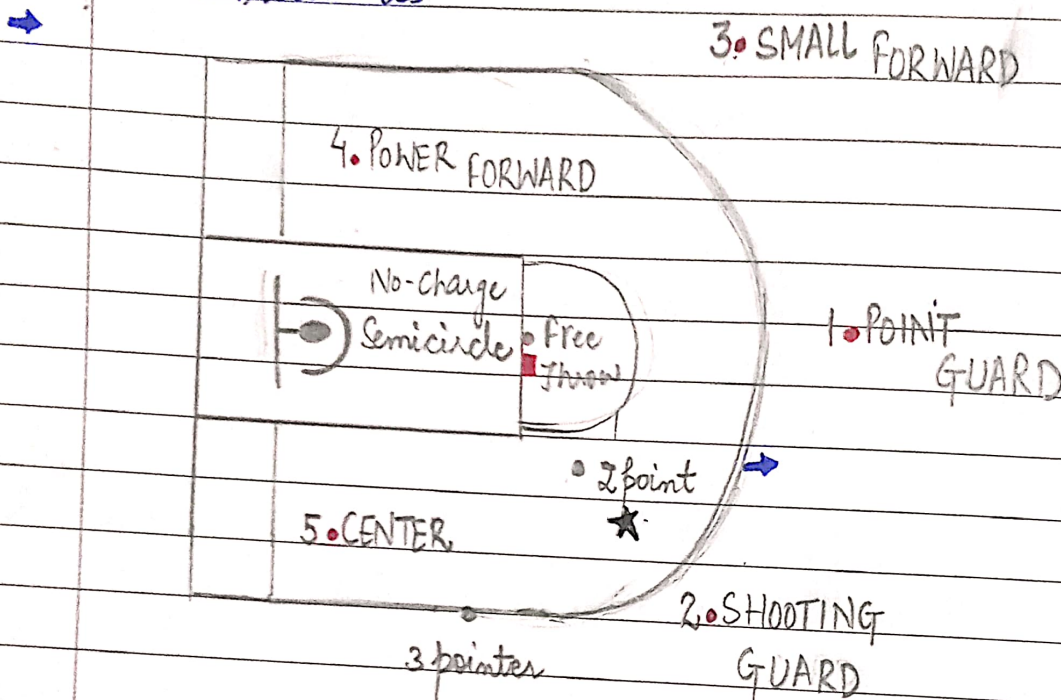
Tender Heart High School

Sic-33.B, Chandigarh

Topic: Basketball
Physical Education

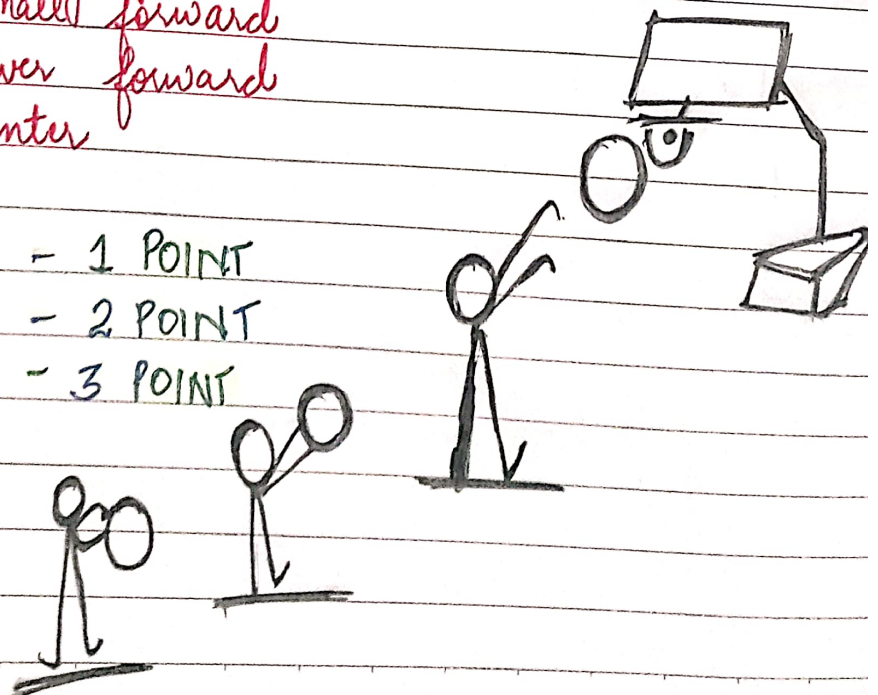
Teacher: Kieran Bawa
Class: IX

Good Morning students, Today we discuss about the placement or formation of Basketball's player. Also learn about Jump Ball and Throw-in and their procedures.



- Player - 1 : Point guard
- Player - 2 : Shooting guard
- Player - 3 : Small forward
- Player - 4 : Power forward
- Player - 5 : Center

- - 1 POINT
- ★ - 2 POINT
- ➡ - 3 POINT



→ Jump Ball Situations: A jump ball situation occurs when:

- A held-ball is called.
- The ball goes out-of-bounds and the officials are in doubt or disagree about which of the opponents last touched the ball.
- A double free throw violation occurs during an unsuccessful last or only free throw.
- All periods other than the first period are to begin.

⇒ Procedure of Jump Ball: A jump ball is the procedure applied to start the game. It occurs when an official tosses the ball in the center circle between any two opponents at the beginning of the first period.

⇒ Throw-in: A throw-in occurs when the ball is passed into the playing court by the out-of-bounds player taking the throw-in. When a player makes the ball to go out-of-bounds or foul a player not in the shooting action then the opposite team is awarded a throw-in.

⇒ Rules of Throw-in: Players have five seconds to throw the ball into play. The ball must pass the plane of baseline or sideline. No player can interfere or touch the in-bounding player during throw-in.

⇒ Procedure of throw in:

1. The players have five seconds to throw the ball into play.
2. The ball must pass the plane of the baseline or sideline.
3. No player can interfere or touch the in-bounding player during the throw-in.

HOMEWORK:

→ Learn the topics at the following:

1. Table officials
2. Match Commissioner.
3. Free Throws and Rule of free Throws.
4. Name of famous Basketball players (Any 5)