Tender Heart High School Sec-33B Chandigarh Class 8 General Knowledge (2.12.24)

## MARTIAL ARTS

## Read the descriptions and write the names of these martial arts. Use pictures as clues.





4.

Kalaripayattu







1. The name of this martial art means 'the gentle way' in Japanese. It involves grappling, joint locking, pinning and throwing.

Tude

This South Korean martial art means the 'art of hand foot'. It was include in the Olympics in 2000.



This Japanese martial art is chiefly meant for 3. self defence. Its main features are kicks, punches and open-handed strikes.

axato

This Japanese martial art is mainly used to defeat an armed opponent before applying one's own force.

Juliton

This Japan's national sport originated as a 5. performance to worship Shinto deities. It is conducted on an elevated ring made of clay.

anitroville Amu

6. This Indian martial art originated in Kerala. It involves grappling, use of weapons, such as sticks and swords.

Kalaripayattu

Kung



- This fraction of Japanese martial art use bamboo swords and protective armours. Komda
- This popular Chinese martial art stresses on techniques of strengthening and balancing one's body.











GK-8 73