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Tender Heart High School,
Sector 33B, Chandigarh
Class VI

Subject:- History and Civics

Teacher:- Mili Bhadnagar

Chapter 7 (continued)
Mahavira and Buddha - Great Preachers

Good Morning Students!

This week we will study about Buddhism which was founded by Gautama Buddha. He was born as Siddhartha at Lumbini. According to a legend, he saw four great sights & an old man, a sick man, a dead body and an ascetic that changed his outlook on life. He left home to become an ascetic. After wandering for six years he became ^{the} Buddha or the Enlightened One. The Buddha then went on to Deer Park at Sarnath where he delivered his first sermon. This event is known as dhammachakrapravartana.

The main principles of Buddhism are contained in the four noble truths and the eight fold path. The world is full of suffering and it can be controlled by following a Middle Path, the Eight fold Path. The Buddha did not approve of rituals and animal sacrifices. He laid stress on ahimsa. The Buddha believed that our actions determine the kind of life we would lead. He opposed caste system and preached equality.

The important Buddhist texts are the Tripitakas and the Jataka tales. After

Class VIChapter 7
Mili BhatnagarHistory and Civics

the death of Buddha Four Buddhist Councils were held. Buddhism split into two sects - Hinayana and Mahayana. The main difference between the two was with regard to their beliefs. While Hinayana respect Buddha as a preacher, Mahayana worship Buddha as a God. Buddhism spread because of its simple teachings which were easier for people to follow. The language chosen was Pali which common people could understand. The lower castes were attracted because it preached equality and was open for all. But later on as Hinduism regained its supporters and rulers also did not provide patronage it began to decline.

MCO.

- 6. Kshatriya
- 7. Lumbini
- 8. Yasodhara

- 9. Pipal
- 10. Sarnath.

State True or False

- 4. False
- 5. True