

Class-V

Subject: Science

Chapter-2

The Skeletal System

Teacher: Nimrita

Date: 6.5.24

Good Morning students!

This lesson is of class-V for the subject of Science, Chapter-2, The Skeletal System of your textbook, New Trends in Science, Evergreen Publications. It is being submitted to you on 6th May, 2024. In the last lesson, we studied about joints. Today, we will study about muscles.

Muscles:

Muscle is a soft tissue present in human body.

Types of muscles

a) Voluntary muscles:-

Its movements can be controlled by us eg: muscles of limbs.

b) Involuntary muscles:-

Its movements cannot be controlled by us.

i) Smooth muscles:- It is present in internal organs.

(ii) Cardiac muscles:- It is present in heart and work all the time.

Class-V

Chapter-2

Teacher: Minnita

Subject: Science

The Skeletal System

Date: 6.5.24

Types of muscles



Cardiac muscle cell
(Involuntary Muscles)

(i)



Skeletal muscle cell
(Voluntary Muscles)

(ii)



Smooth muscle cell
(Involuntary Muscles)

(iii)

- Posture: It is the position in which we hold our body when we sit, stand or move.
- Exercise:- It is the process of moving the body parts. It increases physical strength of the body and help us to remain slim.

I am ending today's topic. Read page 21 to 24 from your book.
Thank you! Last page.