

Tender Heart High School, Chandigarh

DATE

PAGE 1

Class-V

Subject - Science

Teacher: Nimrta

Chapter-3 (Food and Health)
(Revision)

Date: 12.8.24

Q1) Fill in the blanks:-

- Stagnant water is a breeding place for: _____.
- Sea foods are rich in _____.
- _____ is caused due to lack of Vitamin D in the diet.
- _____ is caused due to lack of iron in the diet.
- Junk Food leads to _____.

Q2) Define:

- Balanced diet
- Posture
- Vaccination.
- Fermentation.

Q3) Answer the following:-

- Give three symptoms of Kwashiorkor.
- How can you prevent communicable diseases?
- Give two sources of fats and carbohydrates. Draw diagrams.
- What is fermentation?

Thank you!

Last page.