

TENDER HEART HIGH SCHOOL, SEC-33B, Chd.

Class: IV
Subject: Science

Topic: The Digestive and Excretory Systems
Date: 13.05.2024

Good Morning students,

This is the notebook work of ch-3 The Digestive and Excretory system being submitted to you on 13.05.2024.

Ch-3 The Digestive and Excretory Systems Q | Ans

Q1. What is digestion? Which system of body helps in digestion?

Ans The process of changing food into simpler form of getting energy is called as digestion.

Q2 Name the digestive glands.

Ans i) Salivary glands
ii) Liver
iii) Pancreas

Q3 Why should we chew the food well?

Ans We should chew our food well as it allows it to go into food pipe easily. Food is digested properly and our gums also become strong.

Q4. What is the function of large intestine?

Ans The large intestine changes the undigested part of food into faeces or stool.

Q5. Why should we pass the stool out from the body daily?

Ans Stools should be passed out regularly to keep body fit and to avoid constipation in the body.

Q6. Name the excretory organs of body.

Ans i) Kidneys
ii) Ureters
iii) Urinary bladder
iv) Urethra

Q7. Write any five eating habits which are good for digestion and excretion.

Ans. 1) Eat a balanced diet
2) Do exercise daily
3) Eat fresh fruits
4) Keep the food covered
5) Drink 6-8 glasses of water daily.

Home - assignment : Do the above work in the notebook.