

Tender Heart High School, 8/4/24
Sector 33 B, Chandigarh
Class IV

Subject:- Social Studies

Teacher:- Mili Bhatnagar

Chapter 1 Understanding History

Good Morning Students,

If you look at the word 'HISTORY' you will find the word 'Story' in it. History is the story of the past. It tells us about the people who lived long ago and the things that they have done. It also tells us about the important events that happened and why they happened.

So we study history to learn about the lives of the great people such as Gautama Buddha, Mahatma Gandhi and so on. We also learn about the life of the common people. It helps us to better understand the world we live in.

There are three broad periods in history

- 1) The ancient period is the very old period.
- 2) The modern period is the recent period.
- 3) The medieval period lies between the ancient and the modern periods.

The study of history is based on the study of clues which are called as the sources of history. There are two types of sources

- Archaeological sources
- Literary sources

Next week we will study about these sources in detail.