

Good Morning students,

(1)

This lesson is for class-III for the subject of social studies in which chapter 2 "Understanding Changes" will be continued with the explanation of the topics - "Growth and development," and "Changes in school," starting on page number-15 of your textbook titled "Excursions-3." If all the students are ready then let us start with the explanation of the topic.

Growth and Development :- Changes may be good or bad, But they are necessary and cannot be avoided. It is often said that for progress, change is necessary. People's way of life, food, clothes, houses and their traditions change. The schools where your parents or your guardians went to are very different from the school in which you are going now. Similarly, the market where your parents bought things were different from what it is today. Let us discuss about these changes in detail :-

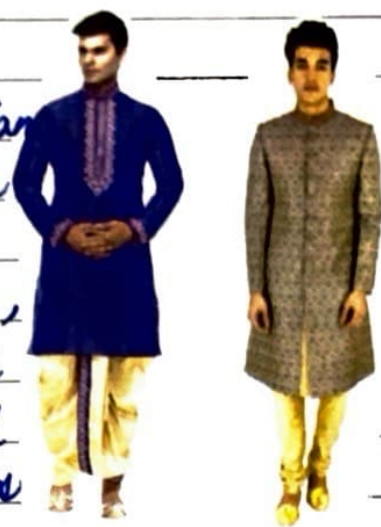
* Changes in Lifestyle :- Our lifestyle is the way we live. Changes come up in our lifestyle because of time. The transfer of our parents to a new place, coming of new neighbours, change of school, migration to another country are also some reasons. Age also changes lifestyle. As we grow, our need for things like clothes, food, shelter and entertainment also change.

Tender Heart High School Class-III (S. Studies)

Chapter-2

Gurpreet Kaur

- ★ Clothes:- Earlier, most people wore traditional Indian dresses. Some of these dresses were hand-woven and some were hand-stitched. Nowadays, most people wear ready-made clothes. Along with traditional Indian clothes, western clothes are also worn by people.



Men wearing clothes

- ★ Food:- Earlier, people used chulas or wood-burning stoves for cooking food. Gradually, gas stoves, induction burners and microwave come into use. People ate food that was easily available near their houses.



Home Delivery Of Food Items

All kinds of food items and brands are available in our markets now. Our food orders and demands have reached our doorsteps which was not possible earlier.

★ Shelter :- In olden times, houses were simple and big. People had houses with open and large space. These houses were surrounded by plants and trees. They were



Kutcha house



Multi-storied building

made up of mud, straw, bamboo and wood. Nowadays, as there is not much space due to over population, majority of people live in flats. You see more buildings and less open spaces near you. In modern times, people build houses with bricks, iron, cement, gravel and sand.

So, now students we will revise that we have learnt till now. Write the answers of the following questions in your social studies notebooks.

Answers- 4-10-2021

1) What does lifestyle mean?

Ans - Lifestyle is the way we live.

2) Name some of ready-to-eat healthy food items.

Ans - Poha, upma, rice etc.

3) Name the kind of dresses worn by earlier people.

Ans - Traditional dresses which were hand-woven and hand-stitched. Let us proceed further.

★ Entertainment:-

Earlier, people used to go to circuses and fairs, listen to the radio or watch plays to have a good time. Now-



Fair

adays, there are many other sources for entertainment that include computer games, latest audio systems, gadgets, multiplexes, amusement parks, shopping complexes and gaming consoles, etc.

★ Changes in School :-

Education system in India has seen many changes with time.

In the past, Children used to go to Gurukuls to study and stay there till the completion



Gurukul

of their studies. In Gurukuls, classes were held in the open ground by sages or scholars. Learners were not charged for the education in the Gurukuls. Shantiniketan, one such school, started by Rabindranath Tagore with only a few students, is a world-famous university now.

Tender Heart High school, Class-III (S.Studies)

Ch-2

Gurpreet Kaur

During the British rule in India, education system experienced a major change. The British built many schools and colleges and started teaching English.



In modern times, schools have proper buildings with classrooms

School

and playgrounds. Schools grow to have more facilities and become bigger.

In school, as you move from one place to another, you face many changes. These changes are a part of growing up and they help you to adjust to different situations. Sometimes, children have to go to other cities and join new schools. Sometimes, they even join another school in the same city. It is the duty of every student to help the new child settle down by making him or her feel comfortable in the new environment.

So, changes help us to adjust and grow. They also help us to learn. We should welcome changes with open arms and enjoy the experience they give us.

Thank you.

Tender Heart High School, Class- III (S. Studies)

1

Chapter- 2

Gurpreet Kaur

Good Morning students,

This lesson is for class-III for the subject of social studies in which chapter 2 "Understanding Changes" will be continued with the explanation of the back exercises which are given on page number 16, 17 of your textbook titled "Excursions- 3". So all the students please keep your social studies books and notebooks ready as we are going to start our today's topic. Let us discuss the answers:-

A Write T for true and F for false.

1. We must adjust and accept changes in life.
2. Changes make us lazy.
3. Over a period of time, malls were built in place of shops.
4. Technology has been used to teach since the olden times.

T
F
T
T



B Match the columns.

Column A

1. Shantiniketan
2. neighbourhood
3. neighbours
4. gurukul

Column B

- a. people who live near our homes (3)
- b. a type of residential school with pupils living with the guru (4)
- c. the area around our home (2)
- d. a school set up by Rabindranath Tagore (1)

C. Name the following.

1. Shopping complexes: — malls
2. Modern movie halls: — movie theater, Cinema
3. A place to go for eating out: — restaurant
4. A place for children to play outside: — playground, play area

D. Answer the following questions orally.

1) What is a neighbourhood?

Ans:- The area around our house is called our neighbourhood.

2) Name the things that you find in your neighbourhood.

Ans:- The things that we found in our neighbourhood are— a park, a school, a hospital, a post office and a market.

3) Name two subjects that you learn in school.

Ans:- Maths, Science, English, Social Studies etc.

4) Name two changes that you have noticed in your neighbourhood.

Ans:- The changes which we have noticed in our neighbourhood are— new buildings are built, new plants are grown and new shops

are set up.

5) Name two changes that you have faced when you came to the new class.

Ans:- The changes that we have faced when we came to the new class are - our classroom changes, we have different teachers to teach, and we learn new subjects.

6) What are the new teaching learning aids used in schools today?

Ans - The new teaching and learning aids used in schools these days are - Computers, smartboards or tablets.

That's all for today students.

Thank you.

Last page -