

Tender Heart High School

Class - II

Subject - Environmental Studies

Date - 08.07.24

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Revision for Worksheet - II

01. Fill in the blanks -

1. Water can be made clean by _____ it.
2. _____ water before drinking.
3. Drink at least 6-8 glasses of _____ everyday.
4. _____ is the natural source of water.
5. We use water for _____ and _____.
6. _____ gives us energy.
7. Drinking impure water can make us _____.
8. We should drink clean and _____ water.
9. We should respect the _____ of food habits in our country.
10. Water helps us to _____ the food.

02. Write true or false:

1. We should eat clean food. _____
2. We should waste water. _____
3. Sea is a natural source of water. _____
4. We should drink 1 glass of water everyday. _____
5. Plants need water to grow. _____
6. We get milk from plants. _____
7. There are two main sources of food. _____
8. Watermelon is rich in water. _____

Q3. Circle the correct answers:

1. We get fruits from animals / plants.
2. Eat / Avoid junk food.
3. We should drink clean / dirty water.
4. Keep the tap closed / open while brushing your teeth.
5. Take a bath using a bucket / shower.
6. Always keep the food covered / uncovered.

Q4. Give two examples of each of the following:

1. Energy giving food.

2. Body-building food.

3. Protective food.

4. Man-made source of water.

5. Natural source of water.

Q5. Answer the following questions:

1. What are energy giving foods?
2. Why do we need food?
3. Give some uses of water?
4. Write two importance of water?
5. How can we save water?

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