



Our Clothes

We wear clothes to cover our body. Clothes protect us from heat, cold, rain, dust and insects.

We look good and smart in clothes.

Clothes are made from fibres. Fibres are of two types:

1. Natural fibres
2. Man-made or Synthetic fibres



Natural Fibres

Fibres that are obtained from natural sources like plants and animals are called natural fibres.

Cotton, jute, silk and wool are natural fibres.

Cotton is obtained from the cotton plant. It is used to make cotton clothes.

Jute fibre is obtained from jute plant. It is used to make ropes, bags and sacks.

Teacher's Tip

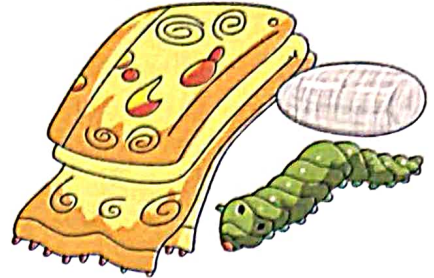
Ask the children to talk about different clothes worn according to seasons.





Wool is obtained from sheep, goats and Angora rabbits. It is used to make woollen clothes.

Silk is obtained from the silkworm. It is used to make silk clothes like sarees.



Man-Made Fibres

Fibres that are made by man are called man-made or **synthetic fibres**.

Examples : Nylon, polyester, rayon and terylene.

Did You Know ?

Synthetic fibres are more durable than natural fibres.

Clothes Worn According to Seasons

In **summer season**, we wear light coloured cotton clothes. They keep us cool as they absorb the sweat.



Cotton Clothes



Woollen Clothes

In **winter season**, we wear dark coloured woollen clothes. They trap the body heat and keep us warm.

On a rainy day, we use raincoats, umbrellas and gumboots.



People in very cold regions, where it snows, wear fur clothes to keep warm.

People who do special jobs wear **uniforms**. School children also wear uniforms. Here are some people who wear uniform at work:



Nurse



Soldier



Postman



Chef



Pilot



Lawyer

Care of Clothes

Clothes make us look smart. We should also care for our clothes:

- ❁ Keep them clean, wash them, dry them and iron them properly.
- ❁ Woollen and silk clothes must be dry cleaned.
- ❁ Coloured clothes must be washed separately.
- ❁ While storing clothes, keep naphthalene balls or neem leaves along to keep insects away.

Let's Recall

- * Clothes protect our body from heat, cold, rain, dust and insects.
- * Clothes are made from two types of fibres – natural fibres and synthetic fibres.
- * We wear different clothes according to different seasons.
- * People who do special jobs wear uniforms.
- * We should take care of our clothes.

Let's Answer

A. Answer the following questions:

1. What are natural fibres?

2. What are man-made fibres?

3. How do you take care of your clothes?

4. Which clothes do you wear in winter?

B. Match the following:

1.



2.



3.



4.



③ a.



④ b.



① c.



② d.



C. Write 'Yes' or 'No':

1. We look good and smart in clothes.
2. Cotton is used to make sacks.
3. We wear woollen clothes in summer.
4. Silk is obtained from sheep.
5. We should never wash our clothes.

Yes
No
No
No
No

Let's Do

A. According to your gender, colour the clothes that you wear:



B. Organise a fancy dress competition in the class and ask the children to come dressed differently.

Tender Heart High School

Class - II

Date - 29.07.24

Subject - Environmental Studies

Teachers - Ms. Harjit Kaur, Ms. Jyoti Arora, Ms. Rupinder Kaur

Lesson - 8, Our Clothes

I Fill in the blanks -

1. We wear clothes to cover our body.
2. Clothes protect us from heat, cold, rain, dust and insects.
3. Cotton is a natural fibre.
4. Fibres that are made by man are called synthetic fibres.
5. Woollen clothes keep us warm.
6. People who do special jobs wear uniform.

II Write true or false -

1. Clothes are made from fibres. True
2. Fibres are of three types. false
3. Cotton is obtained from jute plant. false
4. Silk is used to make silk clothes. true

5. Synthetic fibres are more durable than natural fibres. *True*
6. We wear light coloured cotton clothes in winters. *false*
7. Coloured clothes must be washed separately. *True*

III Match the following:

- | | |
|-------------------|--------------------|
| 1. Silk | 5. a) Pilot |
| 2. Raincoat | 3. b) cotton |
| 3. Summer | 4. c) wool |
| 4. Natural fibres | 1. d) silk worm |
| 5. Uniform | 2. e) Rainy season |

IV. Tick the correct answer -

1. Wool is obtained from silkworm / ☒ sheep.
2. Ropes are made of ☒ jute / cotton.
3. We use ☒ raincoats / bags on a rainy day.
4. School children wears suit / ☒ uniform.

V. Answer the following questions:

Q1. What are natural fibres?

Ans. Fibres that are obtained from natural sources like plants and animals are called natural fibres.

Q2. What are man-made fibres?

Ans. Man-made fibres are made by man like Nylon and rayon.

Q3. How do you take care of your clothes?

- Ans.
1. Keep them clean and wash them regularly.
 2. Woollen and silk clothes must be dry cleaned.

Q4. Which clothes do you wear in winter?

Ans. We wear dark coloured woollen clothes to keep us warm in winter season.