

Tender Heart High School

Class - II

Date : 8.4.24

Subject - Environmental Studies

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Ms. Rupinder Kaur

Lesson - 1, My Body (In E.V.S Notebook)

Q1. Write True or False:

- a) We have a unique finger print. True
- b) We have four sense organs. False
- c) Our skin helps us to hear. False
- d) The framework of our body is called Skeleton. True
- e) Muscles help to protect the bones. True

Q2. Fill in the blanks:

- a) Our hands help us to write and draw.
- b) Our legs help us to stand and walk.
- c) Bones are the hard parts inside our body.
- d) Muscles are the soft parts under the skin.
- e) There are 206 bones in our body.

Let's Recall

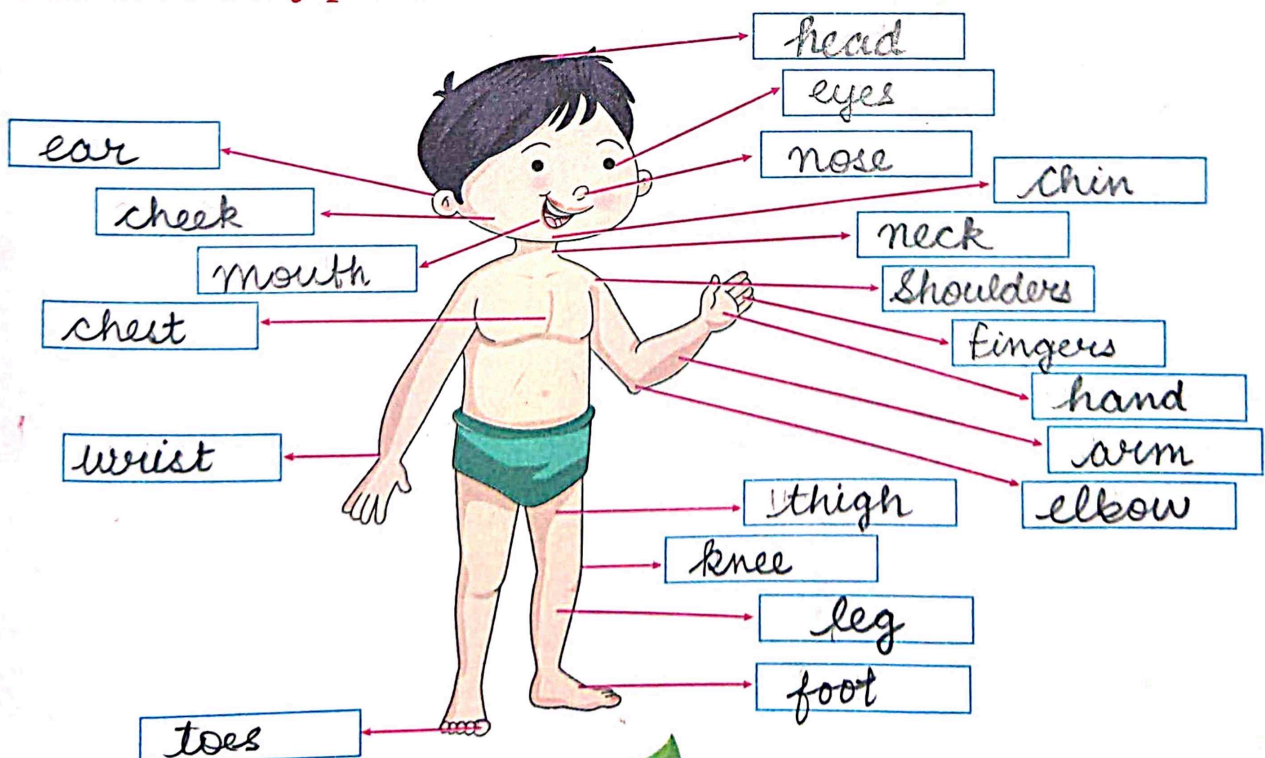
- * Our body has different parts. Each part of the body has a different name.
- * We have five sense organs.
- * Different parts of the body perform different functions.
- * Bones are hard parts inside our body.
- * Muscles are soft parts under the skin.

Let's Answer

A. Tick (✓) the correct answer:

1. Our eyes helps us to see.
 a. eyes ☒ b. ears ☐ c. tongue ☐
2. This body part cannot be seen from outside.
 a. Chin ☐ b. Head ☐ c. Lungs ☒
3. Our teeth help us to chew food.
 a. mouth ☐ b. tongue ☐ c. teeth ☒

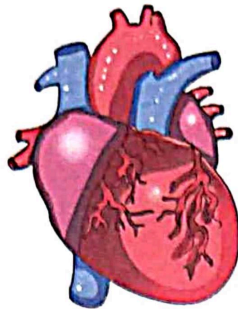
B. Label the body parts:



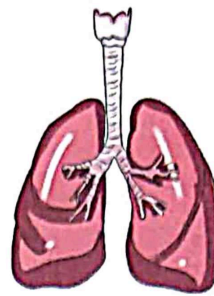
C. Write the names of these body parts:



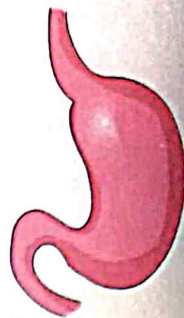
Brain



Heart



Lungs



Stomach

D. Fill in the blanks:

1. Our hands help us to write and draw.
2. Our legs help us to stand and walk.
3. Bones are the hard parts inside our body.
4. Muscles are the soft parts under the skin.
5. There are 206 bones in our body.

E. Draw and name the pictures of any three body parts:



Eye



Nose



Mouth

Let's Do

A. Complete the table given below. One is done for you:

| Action | Sense organ used |
|-------------------------|--------------------------|
| 1. Lightning in the sky | We see with our eyes. |
| 2. Blaring loudspeakers | We hear with our ears |
| 3. Tasting an ice-cream | We taste with our tongue |
| 4. Watching TV | We see with our eyes |
| 5. Feeling a cactus | We feel with our skin. |

B. Read the poem with actions:



I have a little body. (point to self)

That belongs to me.

I have two ears to hear. (point to ears)

And two eyes to see. (point to eyes)

I have a nose to smell. (point to nose)

I have a mouth to eat. (point to mouth)

I have two hands to wave.

At everyone I meet ! (wave hands)

