

Date: 15.04.2024

Teachers: Mrs. Harminder Kaur, Mrs. Navjot Kaur

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Topic: My Body

This assignment is for Class I for the subject of EVS. Children in today's lesson "My Body" we will learn about our body which helps us to walk, sleep and laugh. Our body has many parts and each part has a different name and functions. Let us learn the names of it -

- | | | |
|-------------|-------------|-----------|
| 1. Ear | 8. Head | 15. Thigh |
| 2. Eye | 9. Nose | 16. Knee |
| 3. Mouth | 10. Neck | |
| 4. Shoulder | 11. Chest | |
| 5. Leg | 12. Arm | |
| 6. Foot | 13. Hand | |
| 7. Toes | 14. Fingers | |

Children do you know we have 10 fingers and 10 toes.

Each part of the body performs a different function.

- * Our hands help us to:- hold, write, draw, catch
- * Our legs help us to: stand, walk, run, kick
- * Our mouth help us to speak.
- * Our eyes help us to see.
- * Our ears help us to hear

People who cannot see are called blind.

Note Book Work:

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QI. Choose the correct answer from the box.

[ten , five , hands , eyes , legs]

1. Total number of fingers in one hand : five
2. We can run with this body part : legs
3. Total number of toes on both feet : ten
4. We can lift any object with this body part : hands
5. We can see anything with this body part : eyes

QII. Write True or False

1. We have many body parts . True
2. Our hand helps us to write . True
3. Our ears help us to see . False
4. We have 12 fingers and 10 toes . False
5. Our legs help us to run . True

QIII. How many of each of the given body parts do you have ?

- | | |
|----------------------|-------------------------|
| 1. Eyes : <u>Two</u> | 4. Ears : <u>Two</u> |
| 2. Nose : <u>One</u> | 5. Hands : <u>Two</u> |
| 3. Legs : <u>Two</u> | 6. Fingers : <u>Ten</u> |

Scrap Book Activity :
1. My Body.

* Paste your full Body length photograph and label all the body parts .

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