

**Tender Heart High School, Sector 33-B, Chandigarh**

**Notice – Regarding Physical Education Practical**

Dated : 13.12.2024

Dear Parents,

This is to inform you that Physical Efficiency Test for Class-X will be conducted for the students having the option of 'Physical Education' in Group III and will be conducted in the school premises in various groups on the days as mentioned below.

Class	Day	Date
X-A (Girls)	Tuesday	17.12.2024
X-B (Girls)	Wednesday	18.12.2024
X-A (Boys)	Thursday	19.12.2024
X-B (Boys)	Friday	20.12.2024

**NOTE :**

Students should be in proper **SPORTS UNIFORM** (Trousers, T-shirt and Sports-shoes).

Ms. Kirandeep Kaur  
Physical Education Instructor