

**Tender Heart High School, Sec 33-B, Chd..**  
**Notice regarding Hand, Foot and Mouth Disease**

28/07/2022

Dear Parents,

As per media reports in Newspapers - Hand, Foot and Mouth Disease - HFMD has been reported amongst students of Junior Classes of certain schools and while schools constitute only an aggregate unit of students limited to the school hours, it actually means that this particular disease is somewhere prevalent in the Tricity (Chandigarh, Mohali and Panchkula). Newspaper report in 'The Tribune' Newspaper dated 28/07/2022 (today) is attached as Annexure 1. Parents are requested to kindly go through the article which is otherwise well-written.

Further due to a confirmed case (1:20 p.m. today itself) of Hand, Foot and Mouth Disease in Class L.Kg in our school, it will be a holiday for Classes Play Group, Nursery, L.Kg, U.Kg, Class I and Class II on 29/07/2022 (Friday). Classes for the day of tomorrow 29/07/2022 (Friday) will be held online starting 9:00 a.m. and whereas the Time-Table for the same will be forwarded to you at 7:00 p.m. today.

After the extended weekend of three days (29/07/2022, 30/07/2022 and 31/07/2022) classes of students as above mentioned will function normally from Mon, 01/08/2022.

Keeping in view the spread of this disease parents are requested to kindly maintain a strict vigil at their homes and in case of any of the symptoms listed as below they should contact their family physician.

**Symptoms of HFMD**

Fever, poor appetite, a vague feeling of being unwell and sore throat painful sores in mouth, small red spots at the back of the mouth skin rashes on palms and soles (or may be on knee, elbow, buttocks or genital areas).

In case of any confirmed case with your child - parents are under obligation to inform the school authorities immediately (importantly the Class Teacher of your child). Further measures as required to be taken by the school will be informed to the parents as and when the situation so demands. Also in case of any confirmed case over the next few weeks (and even thereafter) apart from informing the school authorities, parents are required to keep their child at home for full one week or three days after recovery whichever is longer.

Principal